

# 合気道 教室

## Aikido by Steve



*Aikido – The Way of Harmony with Ki – is a modern Japanese martial art developed by Morihei Ueshiba that strives to avoid conflict, both physically and mentally, by redirecting an opponent's aggressive energy in order to dissipate it.*

日時： 木曜日 午後 7:00 - 8:00  
指導： ステイブ・スコット (合気道 三段)  
料金： 大人：15ドル 子供・学生：12ドル

Hours: Thursdays 7:00pm – 8:00pm (Starting May 5, 2011)  
Instructor: Steve Scott, Aikido Sandan (3<sup>rd</sup> degree blackbelt)  
Fee: Adults \$15 Children (15 and older) and students \$12



日本芸術文化センター  
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