



Yushin-juku Kendo Dojo

優心塾剣道道場

Iaido Test Requirements

Rank	Eligibility	Basics	Iaido Kata	Kumitachi	Attire & Equipment	Terminology & Concepts
Hachi (8th) Kyu Yellow Belt	Attended at least 5 classes	Demonstrate: 1. Proper ways to sit down / bow / stand up / bow. 2. Proper footwork. 3. Strong <i>kiai</i> . Demonstrate <i>Kihon</i> (Basics) with a <i>Bokuto</i> : 4. Proper ways to hold a <i>bokuto</i> . 5. Proper way to take the <i>chudan</i> stance. 6. Moving forward/back in the <i>chudan</i> stance. 7. <i>Shomen-uchi-suburi</i> (straight-cut-swing) 8. <i>Sayumen-uchi-suburi</i> (diagonal-cut-swing)	Beginning Bow in sitting position Iaido Kata #1 Closing Bow in sitting position	Kendo Kata #1	Bokuto	1. Must be able to count 1 to 10 in Japanese. 2. Understand the following concepts: a) <i>Kiai</i> b) <i>Hara</i> c) <i>Chakugan</i> d) <i>lai-goshi</i> e) <i>Chiburi</i> f) <i>Koi-kuchi</i> g) <i>Nouto</i> h) <i>Sonkyo</i> i) <i>Seiza</i> j) <i>Rei</i>
Nana (7th) Kyu Orange Belt	Attended at least 10 classes as Yellow Belt or with instructor's permit	Same as the 8th Kyu requirements using a metal sword.	Same as above	Same as above	<i>Dogi</i> (jacket) <i>Hakama</i> (skirt) <i>Obi</i> (belt) <i>Katana</i> (metal sword)	Same as above
Roku (6th) Kyu Blue Belt	Attended at least 10 classes as Orange Belt or with instructor's permit	In addition to the 7th Kyu requirements, 1. <i>Ayumi-giri</i> (stepping cuts).	Beginning Bow in sitting position Iaido Kata #1 & 2 Closing Bow in sitting position	Kendo Kata #1 & 2	Same as above	Understand additional concepts: a) <i>En-zan no metsuke</i> b) <i>Ayumi-ashi</i> c) <i>Suri-ashi</i>
Go (5th) Kyu Green	Attended at least 10 classes as Blue Belt or with instructor's permit	In addition to the 6th Kyu requirements, 1. <i>Nuki-uchi</i> (quick draw) horizontal 2. <i>Nuki-uchi</i> (quick draw) vertical	Beginning Bow in sitting position Iaido Kata #1, 2, 3 Closing Bow in sitting position	Kendo Kata #1, 2, 3	Same as above	Understand additional concepts: a) <i>Ukenagashi</i> b) <i>Tenshin</i>
Yon (4th) Kyu Purple Belt	Attended at least 10 classes as Green Belt or with instructor's permit	In addition to the 5th Kyu requirements, 1. <i>Tsuka-ate</i> (grip-end strike) 2. <i>Katate-tsuki</i> (single-hand thrust)	Beginning Bow in sitting position Iaido Kata #1, 2, 3, 4 Closing Bow in sitting position	Kendo Kata #1, 2, 3, 4	Same as above	Understand additional concepts: a) <i>Tsuka-ate</i> b) <i>lai-hiza</i>